

FM 250 Vital Legs: Say goodbye to tired and heavy legs

Ulm, 29 August 2018 – A long day of being on your feet, running or doing other sport can lead to pains and swelling in your lower legs, calves and feet. The Beurer FM 250 Vital Legs EMS circulation stimulator soothes muscle tension, gets you back on your feet and promotes circulation using revitalising electrostimulation. This is the perfect remedy for tired and heavy legs and helps put the spring back in your step in no time.

FM 250 Vital Legs – relaxation and regeneration



Electrical muscle stimulation (EMS) is an extremely common method of regeneration and is mainly used in sport and rehabilitation medicine. The FM 250 Vital Legs is a medical device for foot massages at home, which electrically stimulates the muscle tissue in your foot and lower leg. The principle is based on the imitation of impulses in our bodies, which are transferred through the skin to nerve and muscle fibres via electrodes. Strained muscles are given stronger circulation and tired, heavy legs are effectively revitalised. The device has

two electrode pads for each foot and one electrode in each of the thigh cuffs. The electrical impulses are safe and practically painless – all you can feel when using it is a gentle tickling.

The FM 250 Vital Legs also features a step function. This means you can tilt your feet forwards and backwards while using the device. This additional movement promotes circulation and helps to reduce swelling even more effectively. The device can easily be operated remotely. Using the timer function, the user can select the duration of use from 5 to 90 minutes in 5-minute intervals as needed. There is a pre-set programme with 15 pulse

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wave variations, and the level of intensity can be programmed separately for each foot from 1 to 99. To stimulate the lower legs at the same time, the two cuffs provided can be placed on the calves.



Beurer is presenting new products across all product areas at the IFA 2018. All of the highlights will be on show at Beurer's booth from **31 August to 5 September 2018** in **hall 4.1, booth 212**.

About Beurer

Beurer was founded in 1919 in Ulm and is synonymous with health and well-being. Today the long-standing company leads the way in several product fields in this segment; the company is the market leader in Europe in the area of flexible heating and the market leader in Germany for blood pressure monitors and massage products. Beurer is also one of the leading European suppliers of personal scales. This portfolio is constantly being developed further in all areas and offers products for use at home. It includes personal scales, kitchen scales, luggage scales, air cleaners, air dehumidifiers, air washers, thermo hygrometers, aroma diffusers, blood pressure monitors, blood glucose monitors, mobile ECG devices, hearing amplifiers, pulse oximeters, nebulisers, clinical thermometers, a sleep sensor, wake-up lights, a snore stopper, brightlights, infrared lamps, TENS/EMS devices, massage products (foot massage, Shiatsu massage, massage chairs, massage cushions, fasciae massage, compression leg therapy), a relaxing aid, hair removal devices (classic, IPL, laser), FaceCare and HairCare products, a cellulite releaZer, cosmetics mirrors, manicure/pedicure sets, a BabyCare line, basal thermometers, activity sensors, an activity watch and heart rate monitors. USB ports and *Bluetooth*[®] enable an increasing number of Connect products to connect to the growing Beurer app world and/or software. The family-run company operates a global distribution network in more than 100 countries and currently has a workforce of around 900. Further information is available at www.beurer.com.