

Water – the elixir of life: ensure you drink enough water with the DM 20 hydration manager

Ulm, 30 January 2020 – A healthy adult should drink at least 1.5 litres of water per day. However, in the hustle and bustle of our everyday lives it isn't always easy to ensure you drink enough fluids, or to keep track of how much you have drunk each day. With the DM 20 hydration manager, Beurer helps you to keep on top of your daily fluid intake and improve your drinking patterns.

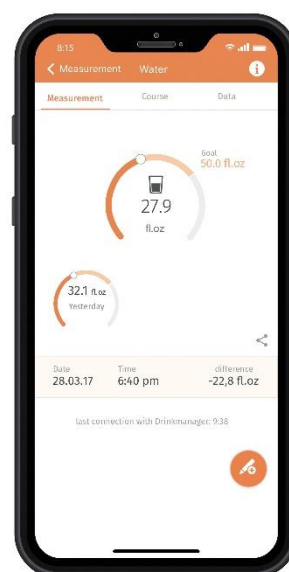


The DM 20 hydration manager is ideal for measuring, analysing and improving daily fluid intake. Whether you're at home, on the move or at the office, this handy assistant for smart drink monitoring uses a colour LED display and an acoustic signal to remind you when it's time to drink water again. Using

the "beurer HealthManager" app, you can easily keep an eye on your fluid intake and see at a glance whether you are within or outside of your daily water requirement range. The app also enables you to set a personal hydration target and view your current and previous drinking patterns. Whether it's a mug, glass or bottle – the hydration manager can be used with a variety of different containers.

You just place them on the device and the quantity of liquid drunk is calculated automatically. You can also manually add the amount you have drunk via the app.

Furthermore, the user has the option to create their own hydration diary and to define the unit of volume. Overall, up to five individual hydration plans can be stored at the same time. To ensure that there are no gaps in your data, the device can save the values for up to 14 days before they have to be synced with the app. The smart water intake assistant has a weight capacity of 3 kg and a tare weighing function, and stands out with its flat



Beurer GmbH
Germany, Ulm
Soeflinger Strasse 218
89077 Ulm
Germany

Contact
Anna-Katharina Peuker
presse@beurer.de

Website
www.beurer.com
www.beurer-healthguide.com

Social Media:



design measuring just 20 mm with a diameter of 12 cm. As a result, this small and handy helper can be used anywhere. Another highlight is its easy-to-clean surface.



About Beurer

Beurer was founded in 1919 in Ulm and is synonymous with health and well-being. Today the long-standing company leads the way in several product fields in this segment; the company is the market leader in Europe in the area of flexible heating and the market leader in Germany for blood pressure monitors and massage products. Beurer is also one of the leading European suppliers of personal scales. This portfolio is constantly being developed further in all areas and offers products for use at home. It includes personal scales, kitchen scales, luggage scales, air cleaners, air dehumidifiers, air washers, thermo hygrometers, aroma diffusers, blood pressure monitors, blood glucose monitors, mobile ECG devices, hearing amplifiers, pulse oximeters, nebulisers, clinical thermometers, a sleep sensor, wake-up lights, a snore stopper, brightlights, infrared lamps, TENS/EMS devices, massage products (foot massage, Shiatsu massage, massage chairs, massage cushions, fasciae massage, compression leg therapy), a relaxing aid, hair removal devices (classic, IPL, laser), FaceCare and HairCare products, a cellulite releaZer, cosmetics mirrors, manicure/pedicure sets, a BabyCare line, basal thermometers, activity sensors, an activity watch and heart rate monitors. USB ports and *Bluetooth*[®] enable an increasing number of Connect products to connect to the growing Beurer app world and/or software. The family-run company operates a global distribution network in more than 100 countries and currently has a workforce of around 1000. Further information is available at www.beurer.com.