

## Test rating "VERY GOOD" for Beurer BC 51 Blood Pressure Monitor

**Ulm, 1 October 2021 – High blood pressure is a widespread condition and, according to information from the German Hypertension Society, is the number one risk factor for cardiovascular diseases. One difficulty is that hypertension is generally not recognisable through specific symptoms. For this reason, regular self-monitoring at home is recommended. In its latest issue (10/2021), ETM TESTMAGAZIN tested various wrist blood pressure monitors. The BC 51 from Beurer received the "VERY GOOD" test rating.**

Among other things, the BC 51 scored points for its ease of use thanks to the practical position indicator. During the blood pressure measurement, a green or red colour marking indicates whether the measurement is being carried out correctly on the wrist at heart level. The user can position their arm correctly at the start of the measurement in order to achieve accurate results when taking their own measurement at home. Thanks to the Beurer inflation technology, measurement is quick and convenient during inflation. The risk indicator, a coloured scale for classifying measurements, helps the user interpret their measurements. The high storage capacity was also rated positively. The BC 51 has two user memories, each of which can hold 120 measurements. The average value of all saved measurements, as well as the average value for the morning and evening blood pressure from the last seven days, also can be displayed. Arrhythmia detection also detects possible irregularities in the heart rhythm – another advantage for early indications of serious cardiovascular diseases. The test also highlighted the size range of the cuff, which is suitable for wrist circumferences of 12.5 to 21 cm and can therefore be used by anyone. Thanks to the sturdy storage box, this handy device can be used easily on the go and safely stored in a suitcase. The BC 51's measurement accuracy has been clinically validated by the European Society of Hypertension (ESH).

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<b>ETM TESTMAGAZIN</b>	
Beurer BC 51	
<b>SEHR GUT</b>	92,4 %
Vergleichstest 9 Handgelenk- Blutdruckmessgeräte	
10/2021	
5 x sehr gut, 1 x gut <a href="http://www.etm-testmagazin.de">www.etm-testmagazin.de</a>	

## **About Beurer**

Beurer was founded in 1919 in Ulm and is synonymous with health and well-being. Today, the long-established company leads the way in several product fields in this segment; the company is the market leader in Europe in the area of flexible heating and a market leader in Germany for blood pressure monitors and massage products. Beurer is also one of the leading suppliers of personal bathroom scales in Europe. This portfolio is constantly being developed further in all areas and offers products for use at home. It includes personal bathroom scales, kitchen scales, luggage scales, air purifiers, air dehumidifiers, air washers, thermo hygrometers, aroma diffusers, blood pressure monitors, blood glucose monitors, mobile ECG devices, hearing amplifiers, pulse oximeters, nebulisers, clinical thermometers, a sleep sensor, wake up lights, a snore stopper, daylight therapy lamps, infrared lamps, TENS/EMS devices, massage products (foot massage, Shiatsu massage, massage chairs, massage cushions, fascia massage, leg compression massagers), relaxation aids, hair removal devices (classic, IPL, laser), FaceCare and HairCare products, a cellulite releaZer, cosmetics mirrors, manicure/pedicure sets, a BabyCare line, ovulation thermometers, activity sensors, an activity watch and heart rate monitors. USB ports and *Bluetooth*<sup>®</sup> enable an increasing number of Connect products to connect to the growing Beurer app world and/or software. The family-run company operates a global distribution network in more than 100 countries and currently has a workforce of around 900. You can find more information at [www.beurer.com](http://www.beurer.com).