

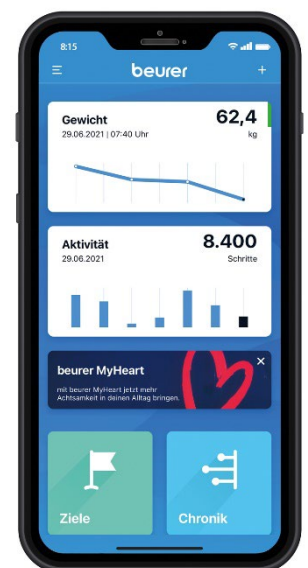
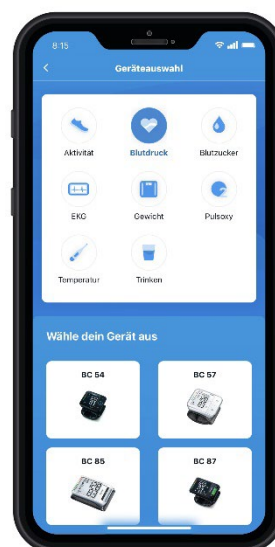
“VERY GOOD” test result for the “beurer HealthManager Pro” health app

Ulm, 12 October 2023 – Digital health management is a trending topic. Many people regularly use health apps to keep an eye on their health parameters. These apps provide insight into different aspects of health, and can motivate people to lead a more balanced life by means of descriptive evaluations and goal setting. The “beurer HealthManager Pro” app and the “beurer MyHeart” service were awarded the “VERY GOOD” test rating in a special test by ETM TESTMAGAZIN.

Many of the current apps on the market only look at individual topics such as nutritional planning, stress management, exercise or evaluation of health data (blood pressure, pulse, etc.). The “beurer HealthManager Pro” does more! This medical device app offers holistic all-in-one health management and integrates multiple Beurer “Connect” devices covering the areas of body weight, blood pressure, blood glucose, ECG, oxygen saturation, sleep, body temperature and activity.

Comprehensive health management in one app

The experts from ETM TESTMAGAZIN gave 10 testers the “beurer HealthManager Pro” app to use for 8 weeks. The holistic evaluations and very well-prepared visual representation of the analysed values were rated particularly positively. All recorded data can be easily and clearly exported for the user’s next doctor’s appointment. The customisable health goals, which can be adjusted in the app, also help people to stay motivated in achieving individual aims. Furthermore the “medication cabinet” is a very useful option, where all medications that need to be taken regularly can be documented in a fully customisable archive. Overall, the app also impressed with its user-friendly operation. All areas are clearly arranged, meaning users don’t get lost navigating through the menus or similar. ETM TESTMAGAZIN rated the app “VERY GOOD” and awarded it 93.6%.



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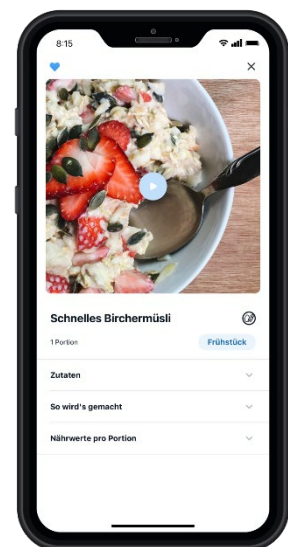
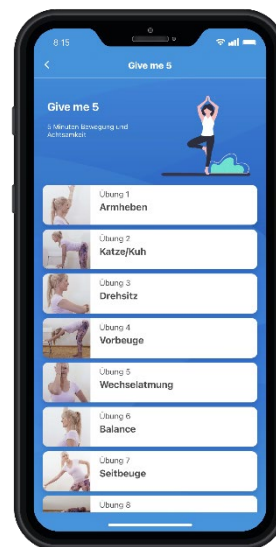
Website
www.beurer.com
www.beurer-healthguide.com

Social Media:



More inspiration for a healthy everyday life with "beurer MyHeart"

The "beurer MyHeart" service as part of the "beurer HealthManager Pro" app offered valuable additional benefits during the test. It gives users tips and inspiration for implementing personal health actions – for example, if they want to eat more healthily, reduce stress or integrate more movement into their everyday lives. Delicious recipe ideas and short cooking videos help users prepare healthy dishes that contain less than 500 calories per serving. Exercise clips offer practical home workouts and demonstrate how to get more active in just 5 minutes a day, while mindfulness exercises help to relieve stress and promote physical and mental health. Even at the end of the 8-week test period, the testers were still motivated by the varied inspirations the app offered – such as the "idea of the day", which provides daily tips for a healthy lifestyle. The experts at ETM TESTMAGAZIN are also enthusiastic and gave "beurer MyHeart" a "VERY GOOD" test result, with 94.1%.



The full test report (in German) is available [here](#).

About Beurer

Beurer was founded in 1919 in Ulm and is synonymous with health and well-being. Today, the long-standing company leads the way in several product fields in this segment: the company is a market leader in Europe in the field of flexible heating and a market leader in Germany for blood pressure monitors and massage products. Beurer is also one of the leading suppliers of personal bathroom scales in Europe. This portfolio is under constant development in all areas and includes products for home use. It includes: heating products, personal bathroom scales, kitchen scales, luggage scales, air purifiers, air humidifiers, air washers, a sea air simulator, fans, thermo hygrometers, aroma diffusers, blood pressure monitors, blood glucose monitors, a resuscitation aid, mobile ECG devices, hearing amplifiers, pulse oximeters, nebulisers, clinical thermometers, insect bite healers, wake up lights, daylight therapy lamps, infrared lamps, TENS/EMS devices, massage products (foot massage, Shiatsu massage, massage chairs, massage cushions, fascia massage, leg compression massager), relaxation aids, hair removal devices (classic, IPL), FaceCare and HairCare products, a cellulite releaZer, cosmetics mirrors, manicure/pedicure sets, grooming and body care products for men, a Babycare line, an ovulation thermometer, a fertility set, activity sensors, and heart rate monitors. USB ports and *Bluetooth*® enable an increasing number of Connect products to connect to the growing Beurer app world and/or software. The family-run company operates a global distribution network in more than 100 countries and currently has a workforce of around 1,700 people. You can find more information at www.beurer.com.