

## Make the festive season a time for relaxation: 5 gift ideas for Christmas

Ulm, 22 November 2023 – Isn't Christmas time wonderful? The year is drawing to a close and Advent is approaching, which ought to be a rather peaceful time. If only finding the perfect gifts for our loved ones weren't so stressful! No need to panic: new well-being products from Beurer elevate your moments of down time and offer inspiration for under the Christmas tree.

### Gift tip 1: No need for frost to bite on cold days!



The **HK 123 XXL Cosy Grey Green Planet Heat Pad** is a sustainable choice, in a large format which optimally hugs the body. The fleecy surface paired with added heat function delivers perfect well-

being moments at home. The top and bottom layers are made from 100% recycled material. The heat pad has six temperature settings, and at levels 1 and 2 it operates in energy-saving Eco mode. This cuddly everyday accessory not only keeps you cosy for hours, it is also highly efficient and energy-saving. [Click here to view the entire Beurer heat range.](#)

### Gift tip 2: Make home a wellness oasis

The **LA 40 Aroma Diffuser** from Beurer is the ideal choice for anyone who would appreciate the gift of a moment of relaxed well-being. The bamboo and porcelain design is a stylish feature in any home, and the diffuser also creates a delightful indoor atmosphere by means of ultrasonic humidification technology and added aroma oil. The colour-changing LED on the LA 40 provides additional moments of relaxation. The diffusers can be used for room fragrancing with water-soluble aroma oils.



### Gift tip 3: For beauty queens



In a fresh mint and gold design, **the rechargeable MP 84 manicure/pedicure set** is an insider tip for all beauty queens. Whether for cutting, filing, shaping and polishing nails or removing excess hard skin, calluses and cuticles, anyone can achieve

**Beurer GmbH**  
Germany, **Ulm**  
Soeflinger Strasse 218  
89077 Ulm  
Germany

**Contact**  
Anna-Katharina Peuker  
Anke Niess  
[presse@beurer.de](mailto:presse@beurer.de)

**Website**  
[www.beurer.com](http://www.beurer.com)  
[www.beurer-healthguide.com](http://www.beurer-healthguide.com)

**Social Media:**



professional results thanks to the ten high-quality sapphire and felt attachments. With three adjustable speed settings available, as well as clockwise/anti-clockwise rotation and up to 4,400 rotations per minute, it is ideal for individual nail styling. The practical storage case also functions as a charger.



For guaranteed glamorous hair during the festive season, you can't beat the **HC 45 Ocean 2-in-1 Volumising Hair Dryer Brush** in trendy turquoise. It can simultaneously dry and style your hair – perfect when you're short on time.

#### **Gift tip 4: For a refreshing pick-me-up**

Goodbye winter blues! When used daily, the new **TL 95 Daylight Therapy Lamp** can quickly top-up energy levels, especially during the low-sun months. Thanks to the SunLike® LED with consistent blue component, it delivers natural daylight even during darker times of year. This makes it the perfect winter companion. The TL 95 also features a dimmer with six brightness levels, and a light intensity of 14,000 lux at a distance of approx. 20 centimetres. Four treatment levels are available lasting from 30 to 120 minutes, enabling everyone to find the optimum choice for them. The device switches off automatically afterwards.



#### **Gift tip 5: For sports fans**

Muscle soreness after training? Targeted trigger point massage can revitalise tired areas of the body and effectively relieve muscle tension. The **MG 99 compact massage gun** is a valuable helper here. This little powerhouse achieves a lot, with four different attachments and five intensity levels, so you can intensively massage stressed muscle groups for speedy recovery. Its compact size means it fits in any sports bag and is ready to provide well-earned moments of relaxation – at the gym, after your home workout or on the go.

#### **About Beurer**

Beurer was founded in 1919 in Ulm and is synonymous with health and well-being. Today, the long-established company leads the way in several product fields in this

segment: it is a market leader in Europe in the field of flexible heating, and a market leader in Germany for blood pressure monitors and massage products. Beurer is also one of the leading suppliers of personal bathroom scales in Europe. This portfolio is under constant development in all areas and includes products for home use. It includes: heating products, personal bathroom scales, kitchen scales, luggage scales, air purifiers, air humidifiers, air washers, a sea air simulator, fans, thermo hygrometers, aroma diffusers, blood pressure monitors, blood glucose monitors, a resuscitation aid, mobile ECG devices, hearing amplifiers, pulse oximeters, nebulisers, clinical thermometers, insect bite healers, wake up lights, daylight therapy lamps, infrared lamps, TENS/EMS devices, massage products (foot massage, Shiatsu massage, massage chairs, massage cushions, fascia massage, leg compression massager), relaxation aids, hair removal devices (classic, IPL), FaceCare and HairCare products, a cellulite releaZer, cosmetics mirrors, manicure/pedicure sets, grooming and body care products for men, a Babycare line, an ovulation thermometer, a fertility set, activity sensors, and heart rate monitors. USB ports and *Bluetooth*<sup>®</sup> enable an increasing number of Connect products to connect to the growing Beurer app world and/or software. The family-run company operates a global distribution network in more than 100 countries and currently has a workforce of around 1,700 people. You can find more information at [www.beurer.com](http://www.beurer.com).