

When tension and pain become a problem, TENS therapy is not only effective but also free of side effects.

## FOUR CUFFS FOR FIVE AREAS OF USE: TARGETED, PRECISE, AND RELIABLE

Farewell to pain! Whether you have problems with your knees, elbows, ankles or wrists, Beurer TENS products will soon have you free of pain again. Their ergonomically shaped, soft and smooth cuffs lie perfectly flat against the site to be treated. Thanks to low-wear contact electrodes made from a conductive carbon material, all that's required is a little water – and no additional contact gel. The wearable control element with practical belt clip means that it's incredibly easy to control the applications at any time, anywhere.



**EM 26**  
shoulder TENS device  
Universal cuff for the left & right shoulder. Diagonal upper body circumference: up to approx. 120 cm  
Item no. 646.61



**EM 27**  
ankle TENS device  
For alleviating pain in the ankle. Ankle circumference: approx. 18–31 cm  
Item no. 647.07



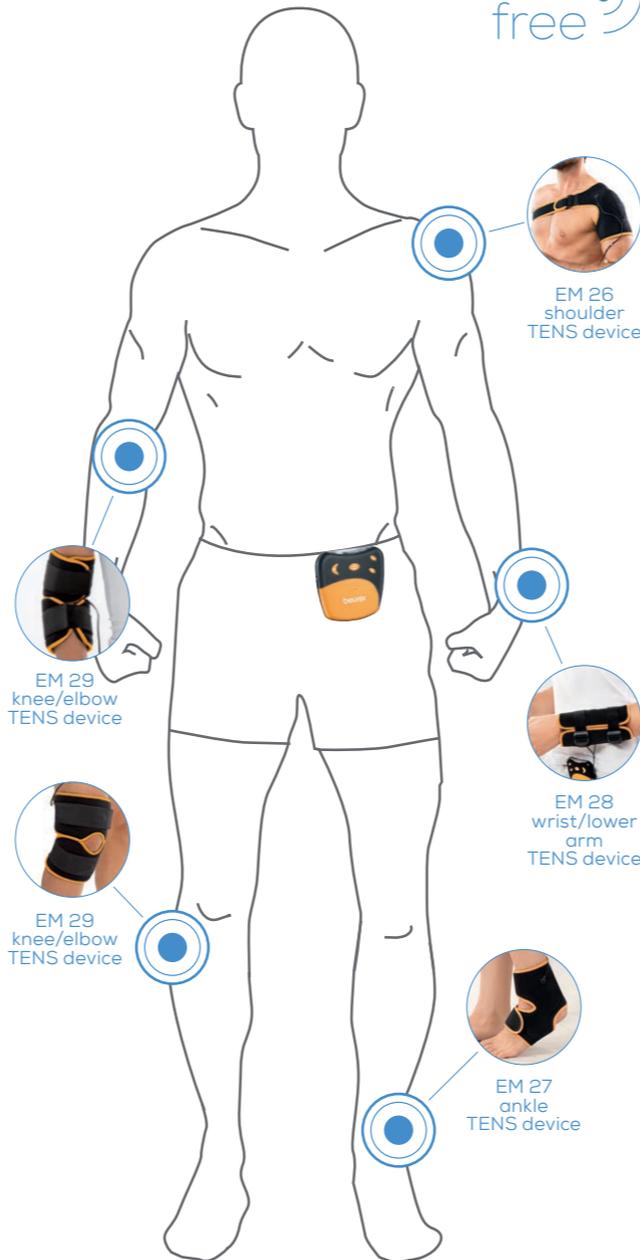
**EM 28**  
wrist/lower arm TENS device  
For alleviating pain in the wrist or lower arm. Wrist circumference: from 14 cm  
Item no. 647.08



**EM 29**  
knee/elbow TENS device  
For alleviating pain in the knee or elbow. Arm/thigh circumference: approx. 25–70 cm  
Item no. 647.01

TENS is very successful as a clinically proven, effective method of treating pain. When used properly, it is practically free of side effects, which means it is also ideal for self-treatment.

**PAIN**  
free



## ELECTROSTIMULATION WITH CONVINCING RESULTS

Electrostimulation devices from Beurer enable you to treat pain at home, without the use of any medication. Electrical impulses make it possible to tackle pain directly and simply. The use of these devices can be helpful in combatting various symptoms:

- Cramps
- Pain from injury
- Chronic pain
- Tension
- Muscle pain
- Fibromyalgia



Would you like to learn more about electrostimulation devices and our entire range? Then visit our website: [www.beurer.com](http://www.beurer.com)

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**beurer**



Effective alleviation of pain

**PAIN**  
free

Electrostimulation devices from Beurer

german engineering





**PAIN free** 

## PROVEN TREATMENT WITHOUT MEDICATION!

Whether it's for recovery after sport, to relieve back and joint problems, or for use alongside muscle-building training, electrostimulation is versatile and can be used for self-treatment in your own home.

With Beurer electrostimulation devices at home, you have truly multi functional equipment at your fingertips. These products can be used both for the alleviation of pain without medication or side effects, and for muscle regeneration or muscle training.

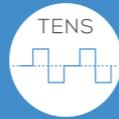


## PRINCIPLE OF ELECTROSTIMULATION

The principle behind electrostimulation devices is that they imitate the body's own impulses by means of electrodes on the skin; these are then transferred to nerve and muscle fibres.

The electrodes can be applied to many parts of the body, as the electrical impulses produced are completely harmless and virtually painless. You may notice just a slight tingling or vibrating sensation. The electrical impulses sent into the tissue influence the transmission of stimulation into nerves as well as muscles in the area of application.

## THE APPLICATION OPTIONS OF TENS AND EMS



The term **TENS (transcutaneous electrical nerve stimulation)** refers to the stimulation of nerves using electrical impulses applied to the skin. It is used as pain therapy for treating injury-related and chronic pain.

**How it works:** Pain is alleviated by the suppression of pain signals to the brain, among other mechanisms. In addition, the body's production of endorphins is increased, which reduces the sensation of pain.



Electrical muscle stimulation (**EMS**) has been used in sports and rehabilitation medicine for years, to increase endurance, strengthen muscles and accelerate muscle regeneration.

**How it works:** With EMS, the electrical impulses stimulate the muscle groups. Muscle fibres contract and relax in a way that mimics natural muscle activation. It can be used to increase the performance of muscle groups and transform the proportions of the body.

## THE RIGHT PRODUCT FOR ANY REQUIREMENT

Beurer offers a wide range of TENS/EMS devices, which can successfully contribute to the alleviation of pain and stimulation of muscles.



### EM 59 Heat digital TENS/EMS with heat function

3 usage options:  
TENS/EMS + Heat function.  
Only TENS/EMS. Only heat function.  
Electrode positioning indicator.  
Includes 4 gel pads  
Item no. 646.63

## ALLEVIATION OF PAIN; HEAT, RELAXATION AND MASSAGE

With the EM 59 combination device, you can make targeted use of the advantages of TENS, EMS, and relaxation massages for various areas of your body. The product offers a wide range of programmes and intensity levels that can be selected individually, and the optional heat function complements your treatment. The rechargeable battery makes six 20-minute applications possible, any time and anywhere.



### EM 70 Wireless digital TENS/EMS with remote control

3 usage options: TENS, EMS and massage.  
Includes remote control and self-adhesive gel electrodes (large, medium, and small). The beurer PainAway app is available for free download  
Item no. 648.21



The EM 70 Wireless and EM 49 electrostimulation devices can be used for a wide range of purposes.

The beurer PainAway app offers suggestions for electrode placement and explanations of how TENS and EMS work



### EM 49 digital TENS/EMS device

3 usage options:  
TENS, EMS and massage.  
Includes 4 self-adhesive gel electrodes  
Item no. 662.05



### EM 80 digital TENS/EMS device

3 usage options:  
TENS, EMS and massage.  
Includes 8 self-adhesive gel electrodes  
Item no. 662.00